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Mystery

Rehabilitation

- is key for optimizing healthy life expectancy;

Rehabilitation

- is key for **reducing disability and optimizing functioning** associated with chronic conditions;

Rehabilitation

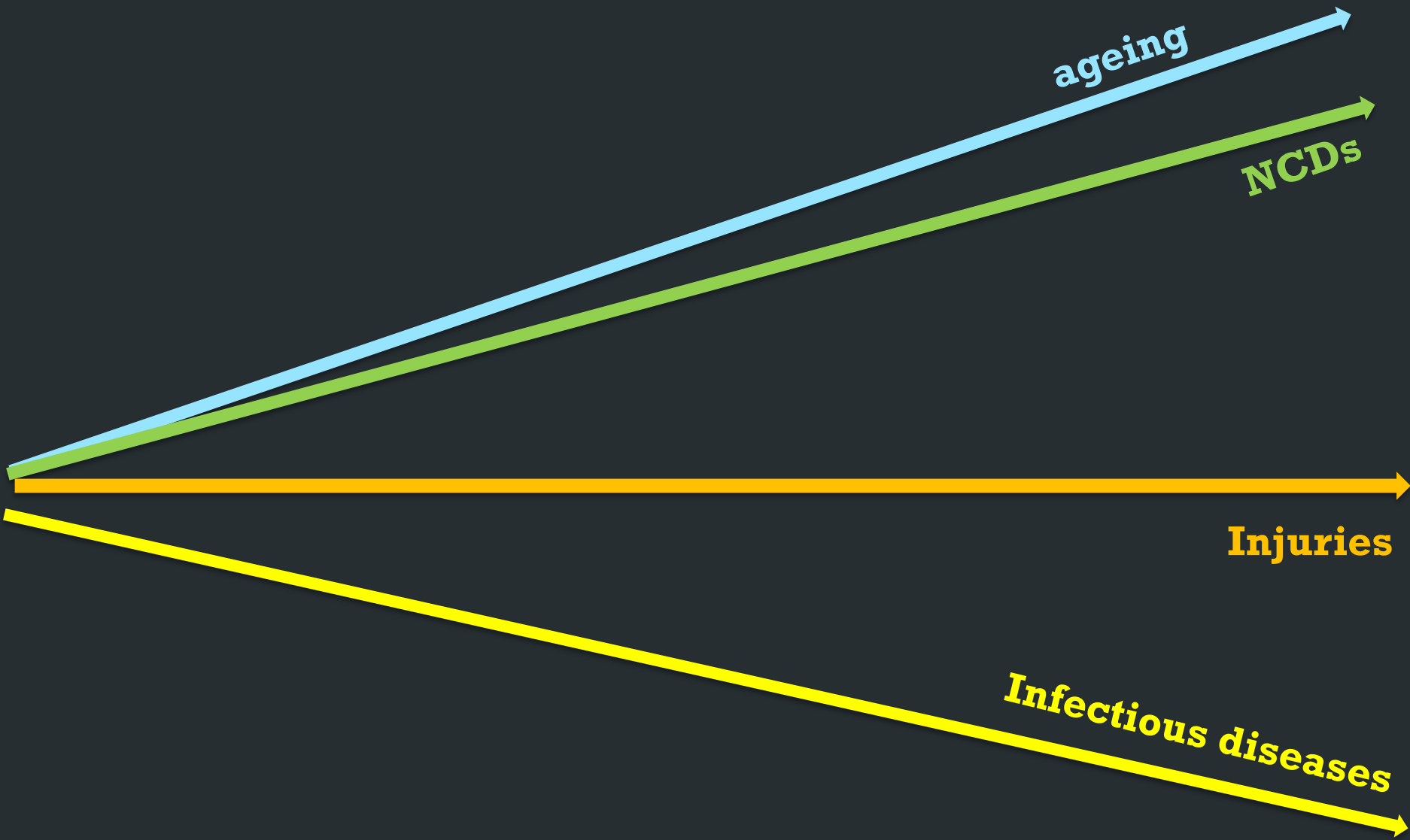
- is effective in improving **clinical outcomes**;

Rehabilitation

- is cost effective;

Rehabilitation

- makes a huge difference in people's lives;
- ...



NEED

Demand

Supply

**Low
Awareness**

**Low
Capacity**

Dual Strategy



Demand



NEED



Supply



Advocacy



**Technical
Capacity**

REHABILITATION

— 2030 —

a call for action

#rehab2030

<http://www.who.int/disabilities/care/rehab-2030/en/>



**World Health
Organization**

WHO's commitment



1

Change the conversation on rehabilitation

**Rehabilitation is not only for
persons with disabilities**

**Rehabilitation contributes to
inclusion,
HOWEVER
it is not EVERYTHING we do
for inclusion of persons with
disabilities**

2

Integration



Tertiary

Along the continuum of care

Acute

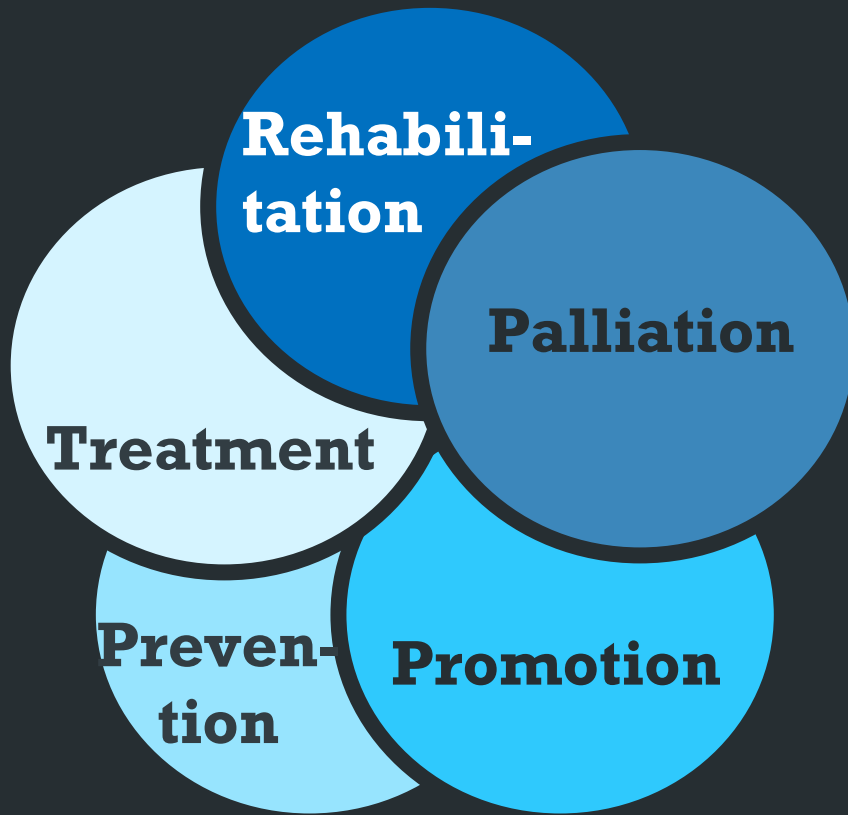
Post-acute

Long-term

3

Coordination

Across services



Across sectors



4

REHABILITATION in health systems

<http://www.who.int/rehabilitation/en/>



World Health
Organization

**Investing in rehabilitation is
investing on health**

Rehabilitation targets to optimize or maintain **health** and

what **we do with our health in everyday life,**

such as self-care, moving around, leisure time activities and working.

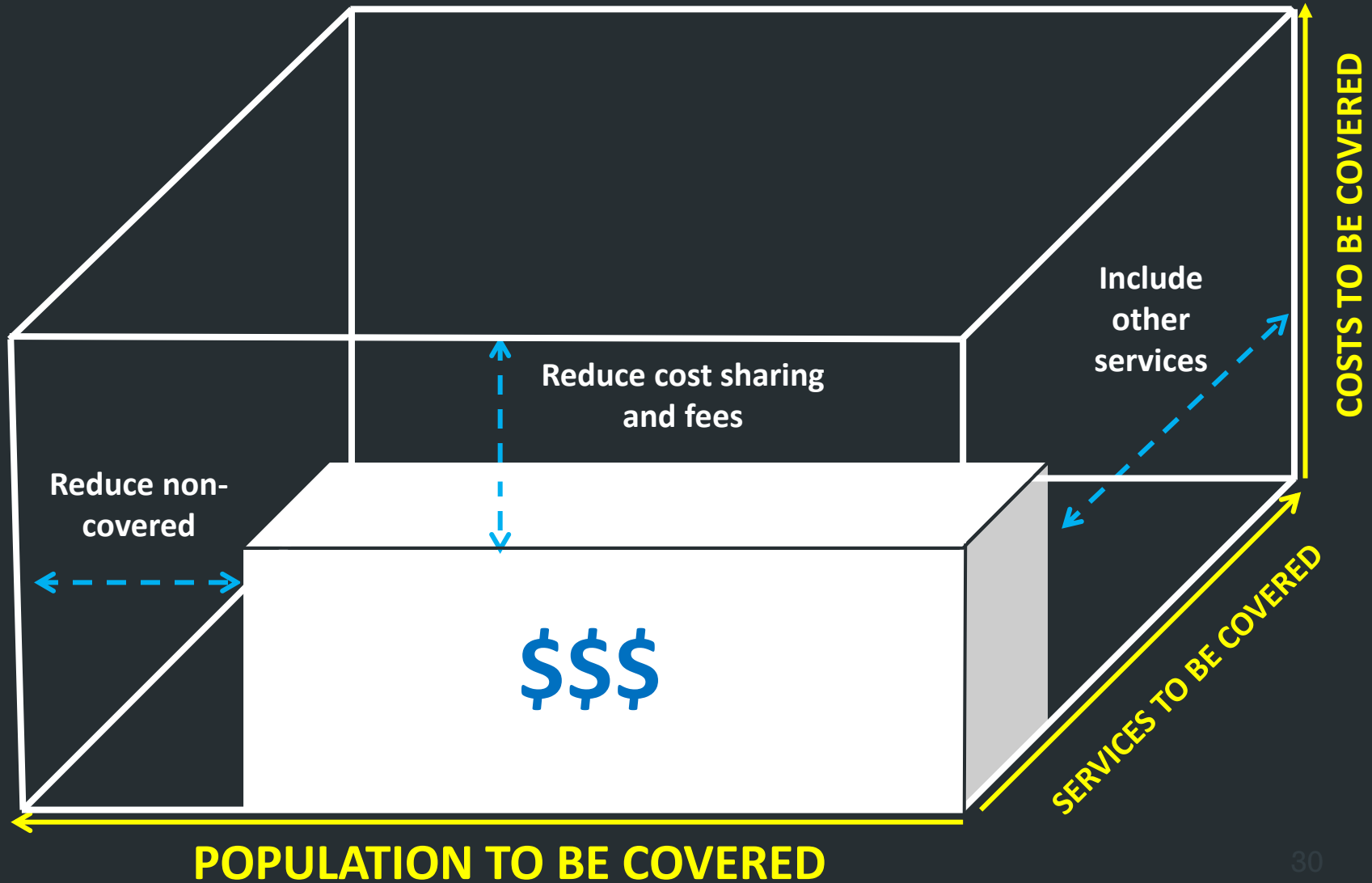
5

Rehabilitation needs to be part of Universal Health Coverage

Universal Health Coverage

- Provision of quality, **essential services** for
 - Health promotion,
 - Prevention,
 - Treatment,
 - **Rehabilitation** and
 - palliation**according to need**
- Protection from **financial hardship**

Universal Health Coverage





Sustainable Development Agenda





Goal 3

**Ensure healthy
lives and promote
well-being for
ALL at ALL ages**

Goal 3

12 + 1 UHC

Targets

Dual Strategy

Demand

NEED

Supply

Advocacy

**Technical
Capacity**

Package of Rehabilitation Interventions

Tertiary

National,
Referral
hospitals
Specialist
centres



Secondary

District hospitals



Primary

Clinics, health
centres



Community

Homes, schools,
workplaces



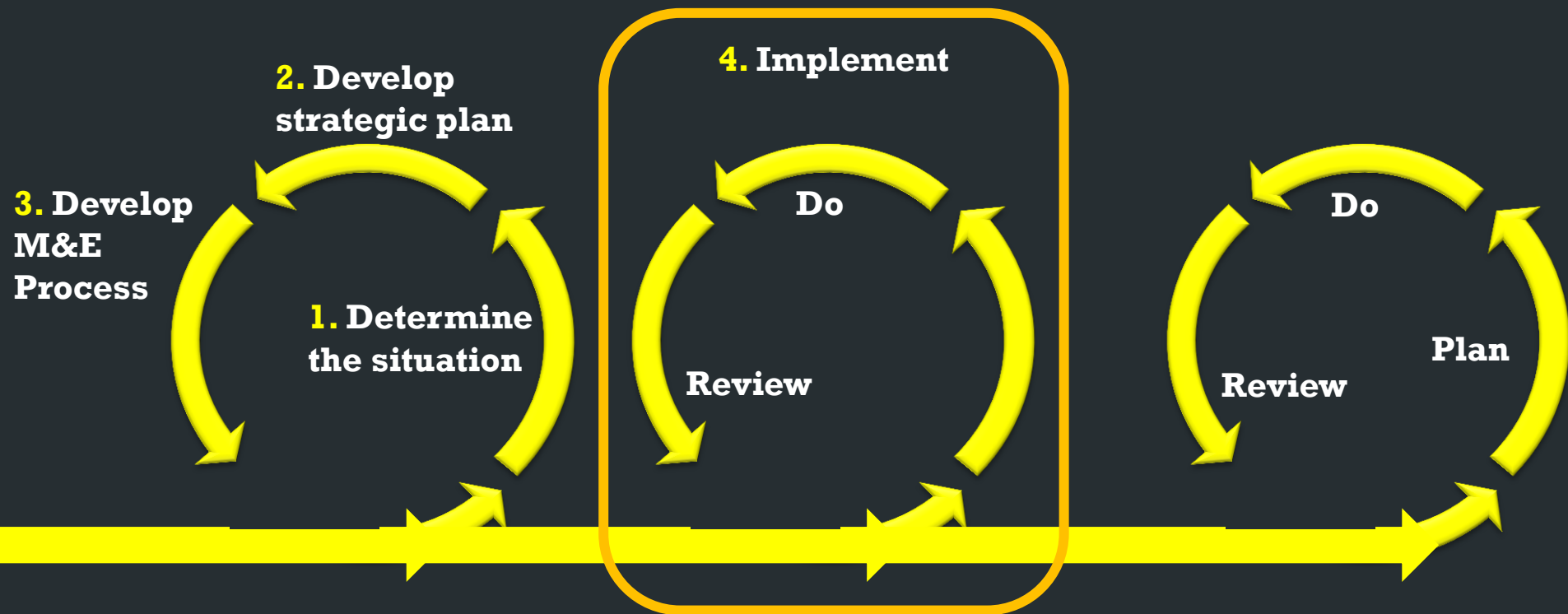
- Workforce
- Equipment & consumables
- Assistive products
- Infrastructure

Strengthening the Health System



Countries need to know:

- Where am I?
- Where I want/need to be?
- How do I get there?



The Rehabilitation Support Package

FOUR-STEP PROCESS

ACCOMPANYING TOOLS

1. Determine situation

Systematic Assessment of Rehabilitation Situation (STARS)

2. Develop a rehabilitation strategic plan

Guidance for Rehabilitation Strategic Planning (GRASP)

3. Establish a rehabilitation monitoring framework and evaluation and review processes

Framework for Rehabilitation Monitoring and Evaluation (FRAME)

4. Implement

Action on Rehabilitation (ACTOR)

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