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World Health  
Organization

**Mystery**

# Rehabilitation

- is key for optimizing **healthy life expectancy**;

# Rehabilitation

- is key for **reducing disability and optimizing functioning** associated with chronic conditions;

# Rehabilitation

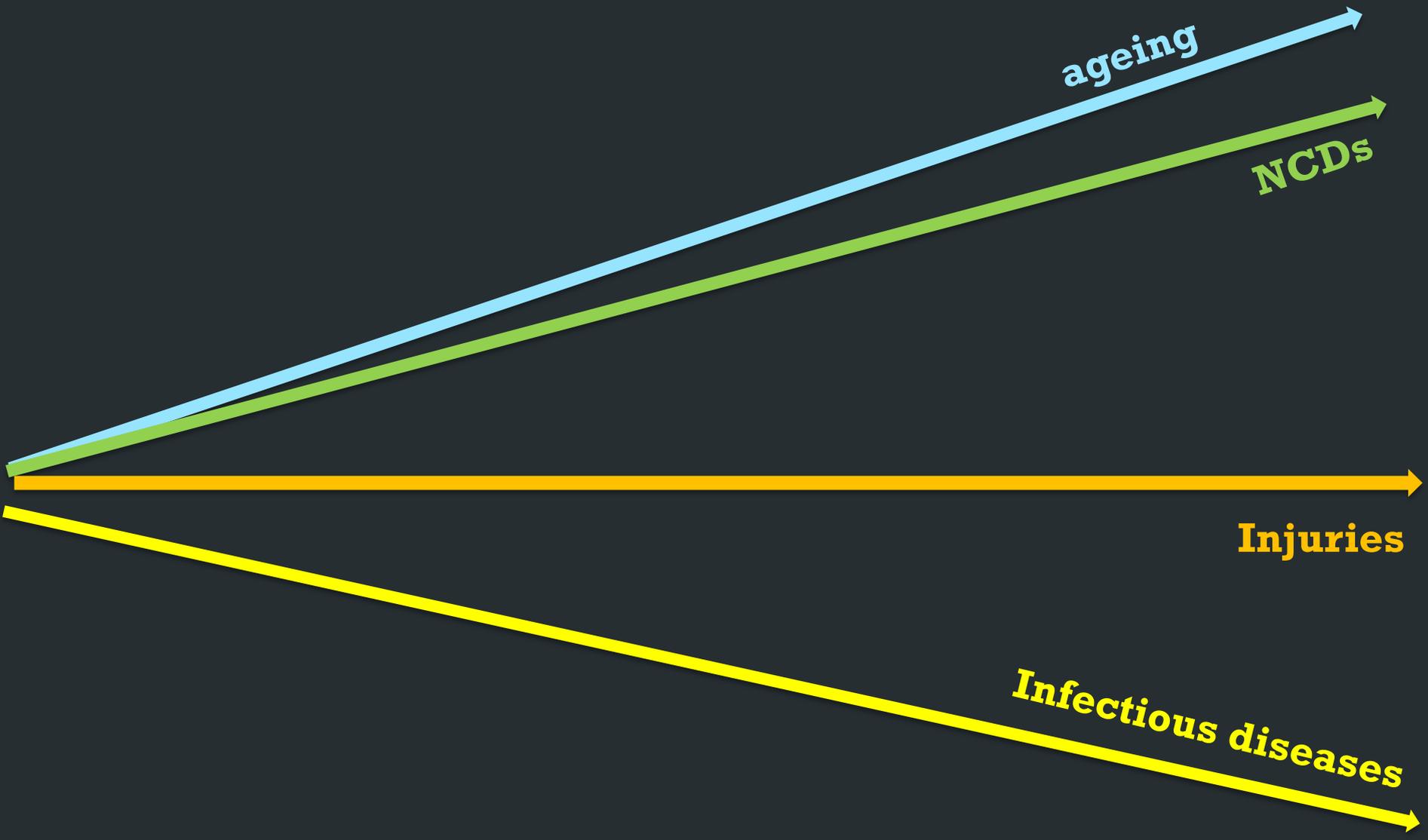
- is effective in improving **clinical outcomes**;

# Rehabilitation

- is cost effective;

# Rehabilitation

- makes a huge **difference in people's lives**;
- ...



**ageing**

**NCDs**

**Injuries**

**Infectious diseases**

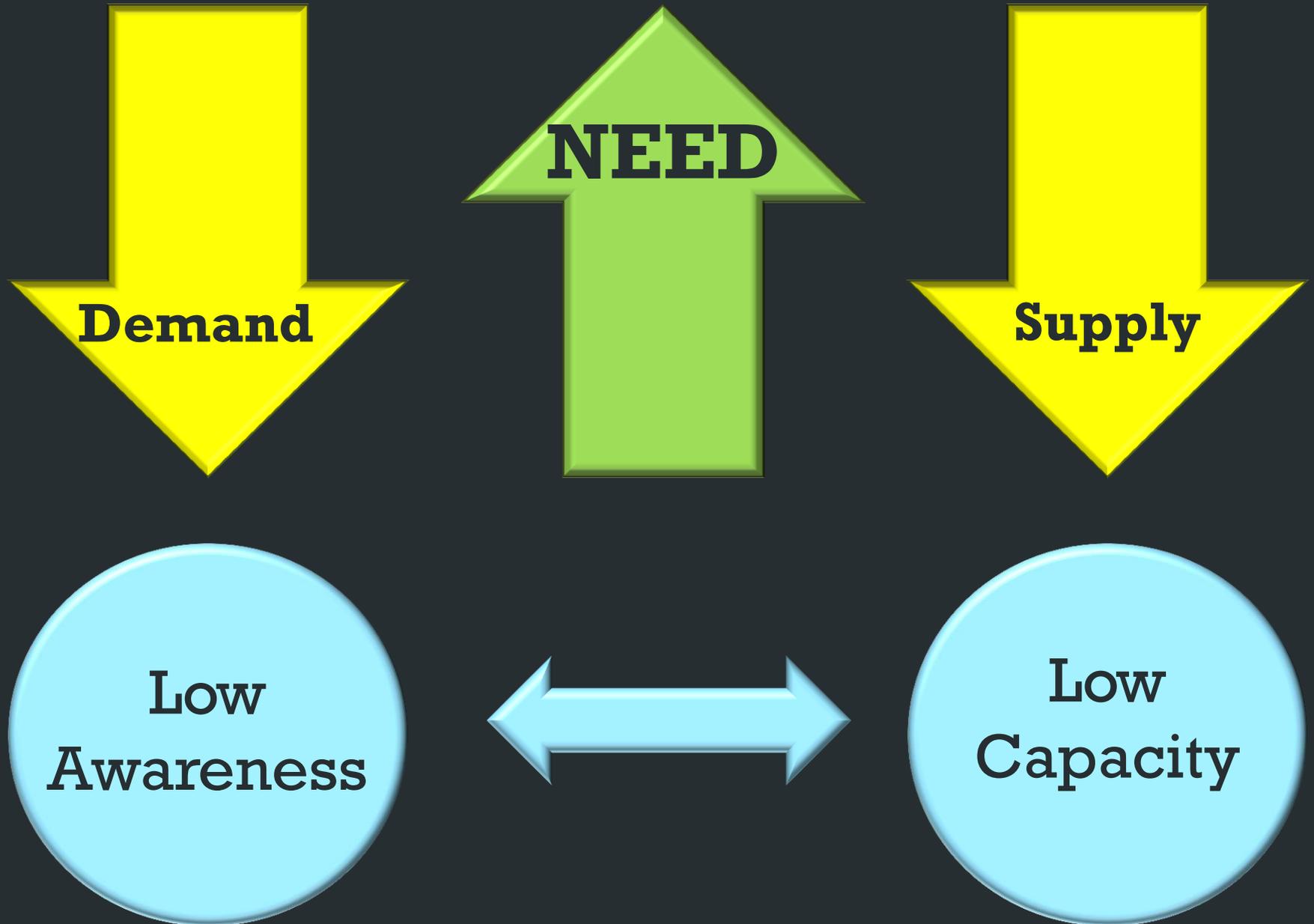
**NEED**

**Demand**

**Supply**

**Low  
Awareness**

**Low  
Capacity**



# Dual Strategy



**Demand**



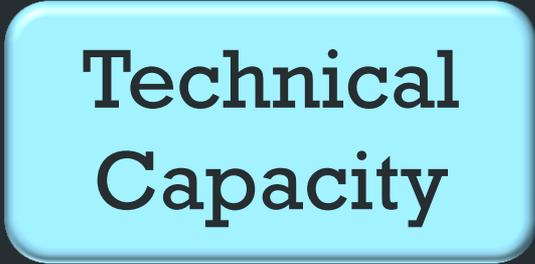
**NEED**



**Supply**



**Advocacy**



**Technical  
Capacity**

# REHABILITATION

# 2030

## a call for action

### #rehab2030

<http://www.who.int/disabilities/care/rehab-2030/en/>



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# WHO's commitment



**1**

# **Change the conversation on rehabilitation**

**Rehabilitation is not only for  
persons with disabilities**

**Rehabilitation contributes to  
inclusion,  
HOWEVER  
it is not EVERYTHING we do  
for inclusion of persons with  
disabilities**

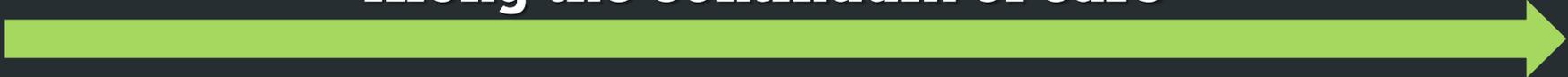
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# Integration



**Tertiary**

**Along the continuum of care**



**Acute**

**Post-acute**

**Long-term**

3

# Coordination

# Across services



# Across sectors



4

# REHABILITATION in health systems

<http://www.who.int/rehabilitation/en/>

**Investing in rehabilitation is  
investing on health**

Rehabilitation targets to optimize or maintain **health** and

what **we do with our health in everyday life,**

such as self-care, moving around, leisure time activities and working.

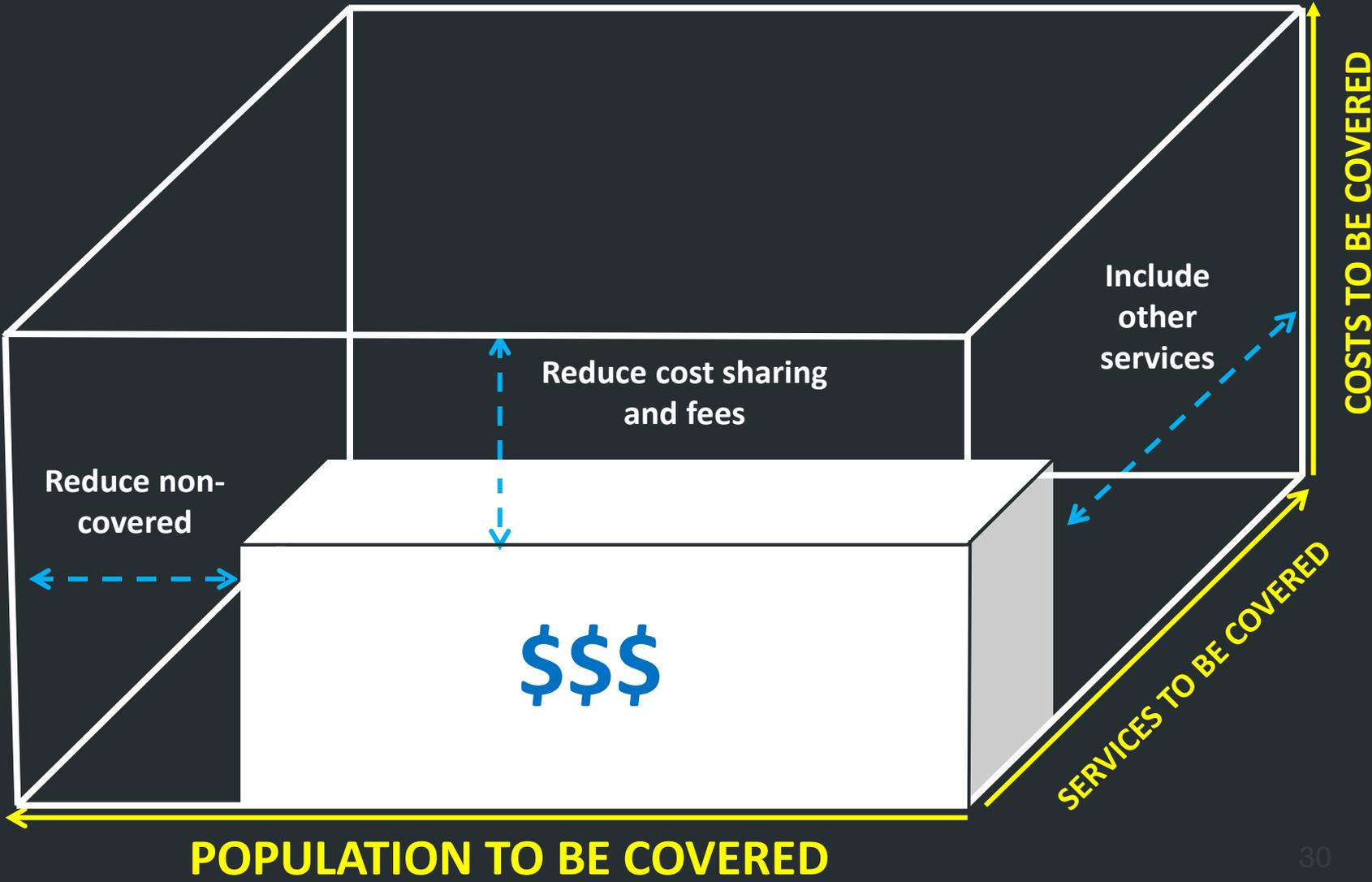
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# **Rehabilitation needs to be part of Universal Health Coverage**

# Universal Health Coverage

- Provision of quality, **essential services** for
  - Health promotion,
  - Prevention,
  - Treatment,
  - **Rehabilitation** and
  - palliation**according to need**
- Protection from **financial hardship**

# Universal Health Coverage





**OPPORTUNITY**

# Sustainable Development Agenda

**1** NO POVERTY



**2** ZERO HUNGER



**3** GOOD HEALTH AND WELL-BEING



**4** QUALITY EDUCATION



**5** GENDER EQUALITY



**6** CLEAN WATER AND SANITATION



**7** AFFORDABLE AND CLEAN ENERGY



**8** DECENT WORK AND ECONOMIC GROWTH



**9** INDUSTRY, INNOVATION AND INFRASTRUCTURE



**10** REDUCED INEQUALITIES



**11** SUSTAINABLE CITIES AND COMMUNITIES



**12** RESPONSIBLE CONSUMPTION AND PRODUCTION



**13** CLIMATE ACTION



**14** LIFE BELOW WATER



**15** LIFE ON LAND



**16** PEACE AND JUSTICE STRONG INSTITUTIONS



**17** PARTNERSHIPS FOR THE GOALS



**THE GLOBAL GOALS**  
For Sustainable Development



## Goal 3

**Ensure healthy  
lives and promote  
well-being for  
ALL at ALL ages**

## **Goal 3**

**12 + 1 UHC**

**Targets**

# Dual Strategy

**Demand**

**NEED**

**Supply**

**Advocacy**

**Technical  
Capacity**

# Package of Rehabilitation Interventions

## Tertiary

National,  
Referral  
hospitals  
Specialist  
centres



## Secondary

District hospitals



## Primary

Clinics, health  
centres



## Community

Homes, schools,  
workplaces



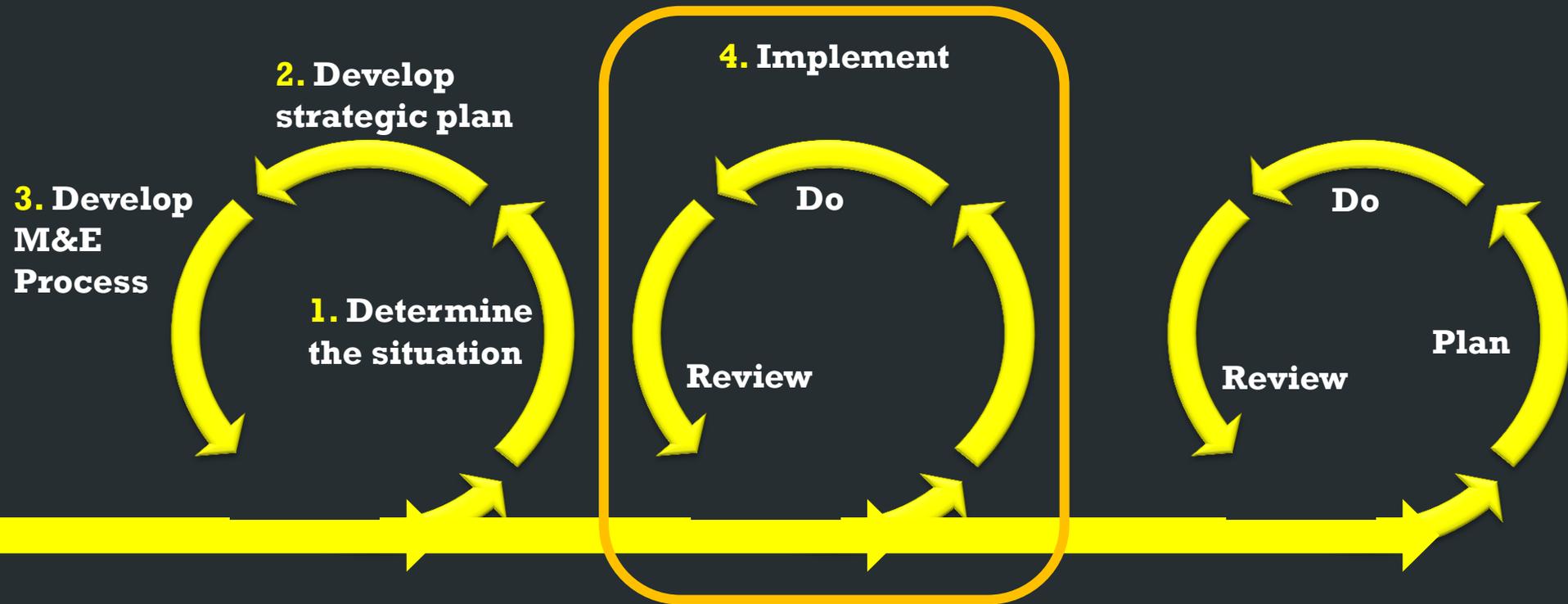
- Workforce
- Equipment & consumables
- Assistive products
- Infrastructure

# Strengthening the Health System



Countries need to know:

- Where am I?
- Where I want/need to be?
- How do I get there?



# The Rehabilitation Support Package

## FOUR-STEP PROCESS

## ACCOMPANYING TOOLS

1. Determine situation

Systematic Assessment of Rehabilitation Situation (STARS)

2. Develop a rehabilitation strategic plan

Guidance for Rehabilitation Strategic Planning (GRASP)

3. Establish a rehabilitation monitoring framework and evaluation and review processes

Framework for Rehabilitation Monitoring and Evaluation (FRAME)

4. Implement

Action on Rehabilitation (ACTOR)

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