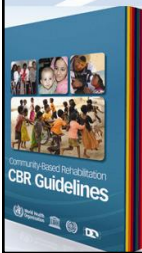


CBR Guidelines

Empowerment Component

Presented by
Diane Mulligan
email: dmulligan@sightsavers.org



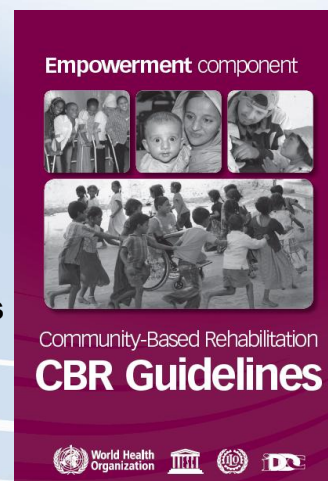
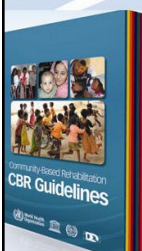
Empowerment Component

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Contents

- **Key Concepts**
- **Advocacy and Communication**
- **Community Mobilization**
- **Political Participation**
- **Self-help Groups**
- **Disabled People's Organizations**



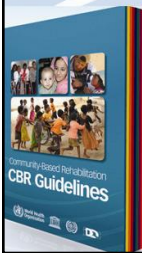
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Key concepts

- **Mainstreaming**
- **Awareness-raising**
- **Capacity Building**
- **Access to Information**
- **Alliances**



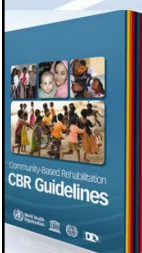
Advocacy and Communication

- **Goal**

People with disabilities are able to speak out for themselves

- **Key Outcomes**

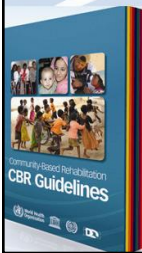
- Changed community attitudes
- Improved access to information and communication resources
- Individuals and families represent themselves
- People make their own choices



Advocacy and Communication

- Key Activities

- Carry out a basic communication assessment
- Provide support for self-advocacy
- Ensure CBR personnel are effective communicators
- Participate in community life
- Use public media



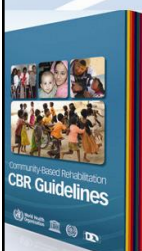
Community Mobilization

- Goal

Local communities remove barriers and include people with disabilities and their families in community activities

- Key Outcomes

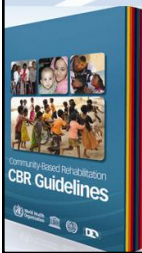
- Community motivated to improve quality of life of people with disabilities
- Community barriers are removed
- Community is knowledgeable how to use community resources to sustain CBR programmes
- Community participates in CBR programmes



Community Mobilization

- Key Activities

- Develop knowledge of context in which people live
- Bring together stakeholders in the community
- Be visible and active
- Provide regular information on CBR programmes
- Emphasize benefit to whole community
- Celebrate achievements



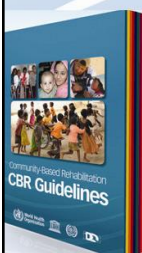
Political Participation

- Goal

People with disabilities participate in political and public life on an equal basis with others.

- Key Outcomes

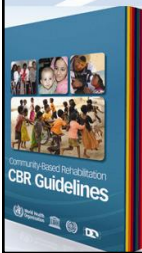
- People with disabilities and their families have the knowledge and skills to participate in political life
- Government and civil society acknowledge the right of people with disabilities to participate in political life
- Disability issues are integrated into development programmes and political decision-making
- Barriers to political participation are reduced or removed



Political Participation

- Key Activities

- Develop an understanding of who has what power
- Address issues of poverty and social isolation
- Train people with disabilities in advocacy skills
- Recommend appropriate measures to government at all levels
- Advocate for political quotas



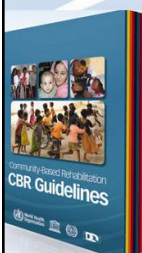
Self-help Groups

- Goal

Participation in self-help groups to resolve common problems, enhance individual strengths, and improve quality of life

- Key Outcomes

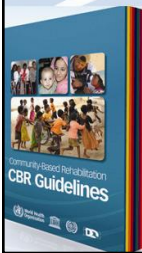
- Self-help groups exist in local communities
- Group members develop knowledge and skills to contribute to their families and communities
- People with disabilities and their families access mainstream self-help groups
- Formation of self-help federations



Self-help Groups

- Key Activities

- Provide assistance to form self-help groups
- Facilitate functioning of self-help groups
- Provide financial contributions, e.g. seed money
- Build capacity among group members
- Encourage mainstream participation



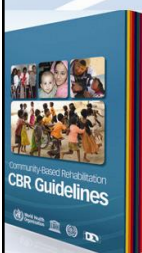
Disabled People's Organizations

- Goal

CBR programmes and DPOs work together towards implementation of the CRPD and inclusive development

- Key outcomes

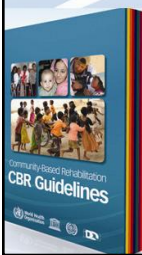
- CBR programmes and DPOs work together collaboratively
- DPOs support CBR programmes to become more inclusive
- CBR programmes support establishment of DPOs where they do not exist



Disabled People's Organizations

- Key Activities

- CBR programmes involve DPOs in CBR planning, implementation, and monitoring, respecting the concept of "Nothing about us without us "
- CBR programmes use DPO representatives in sensitization training
- DPOs provide training for CBR personnel and self-help groups on rights, policies, and advocacy
- Work together to create joint resources such as training materials
- Utilize CBR to establish rural base for DPOs



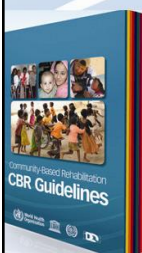
Case study

Ghana

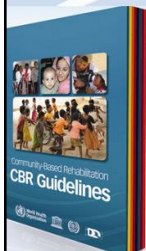
Self-help Groups Provide Livelihoods

South Africa

- QHUBEKA! – Continue! Don't Stop!
- Self-help Association of Paraplegics in Soweto (SHAP)
- Powerhouse of Disability Rights Movement in the 1980s



Thank
you



Launch: 27 October 2010, Nigeria



Community-Based Rehabilitation
CBR Guidelines



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