



First Aid

saving lives and limbs

Promotion of quality of, and access to
medical first aid for mine injured people

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First Aid saving lives and limbs

- **Everyone** has the **potential** to protect and save a life or a limb injured by mines
- This **capacity** for **individuals** and **communities** to be prepared and to help themselves should be available for **ALL** – First aid **training** and basic **kits**



Everyone can make a difference



What is First Aid ?

- Life protection and life saving **ACTIONS** — not only training
- Caring, **voluntary humanitarian act** — not only knowing
- **Initial** and effective response — but also preparedness

*****Confidence to ACT*****



Key points -

- For **first responders** & **paramedics** in providing medical First Aid to mine injured people – *(draft by IFRC, Tromso, WHO, HI, ICRC)*



TEN key points

- **C**all for help
- **S**afety
- **A**irway and **B**reathing
- **C**irculation – Stop the bleeding
- **K**eep the victim warm



Continued.....

- **T**ransportation
- **P**sychosocial support
- **O**ral fluid replacement
- **I**ntravenous treatment
- **P**ain relief



First aid

- Immediate **FIRST** help
- **Simple** and effective
- Excellent impact with **GOOD primary and secondary** care
- Different from paramedic
- **Easy to learn** and apply



People to help themselves





Making a difference



- Would these **10 key points** help individuals and community **saving lives and limbs** of mines injured people?

IF YES



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- How can **WE** promote and ensure these First aid skills and knowledge are accessible to **ALL** who need them?

THANKYOU