

# ICRC

## Physical Rehabilitation Programs

### 1979 – 2004: Addressing Lifelong Needs



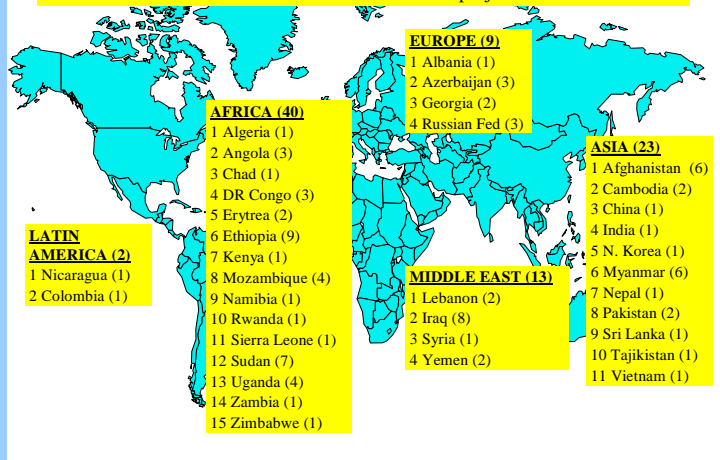
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## An Overview

### ICRC-assisted Physical Rehabilitation Programmes

1979 - 2004: 36 countries / 87 projects



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## The Context

**Ensuring access for persons with disabilities to physical rehabilitation care in the resource- rich western world is already a challenge.....**

**Let alone in countries in the grip of conflict or post-conflict.**



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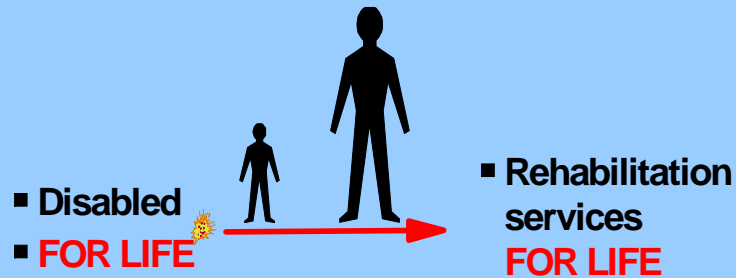
## The Method



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## A Reminder

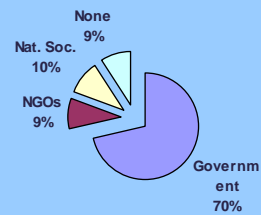


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## The Approach

- ▶ Collaboration with a national partner
- ▶ Training of national personnel
- ▶ Limit the running costs



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## Three General Objectives

- ▶ **Accessibility**
- ▶ **Quality**
- ▶ **Sustainability**



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## Three Types of Assistance

- ▶ **Financial**
  - ▶▶ renovations
  - ▶▶ donations
  - ▶▶ reimbursements
- ▶ **Technical**
  - ▶▶ operating guidelines
  - ▶▶ pp technology
- ▶ **Educational**
  - ▶▶ in house training
    - ▶▶▶ on the job; refreshment; up-grading; formal
  - ▶▶ sponsorships



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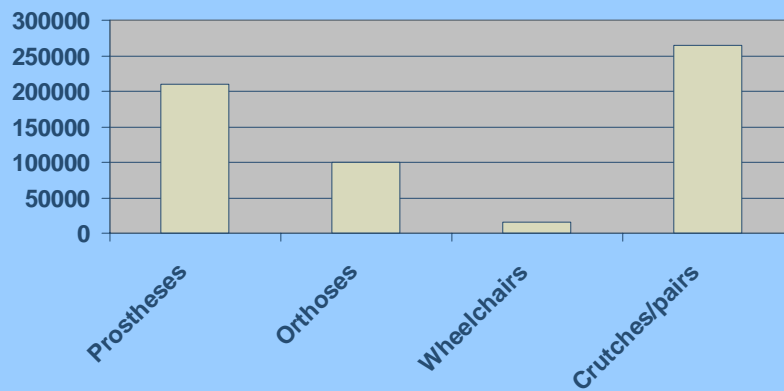


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## The Results

## The Main Beneficiaries 1979 –2003



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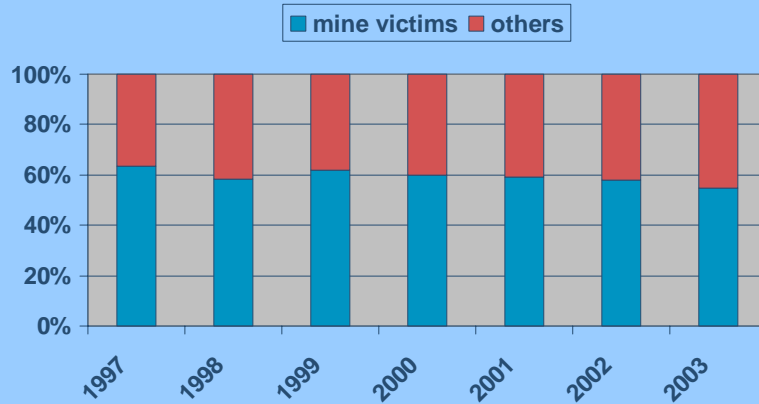


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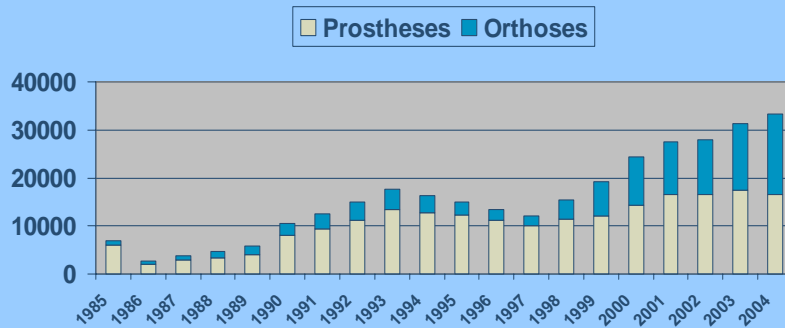
## Stable Proportion of Mine Victims

104'692 Assisted Amputees (1997 – 2003)



## Rising Proportion of Non-amputees

Assisted Patients with Prostheses and Orthoses 1985 - 2003



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## Rising Number of Formally Trained National Personnel

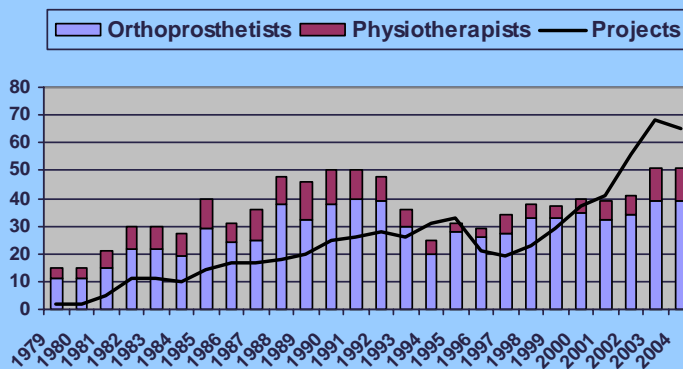


## Guidelines

- ▶ **Guidelines for ICRC project leaders**
- ▶ **Guidelines for assisted centres containing framework for working procedures and treatment protocols**
- ▶ **Guidelines for the training of national personnel**

# Less Expatriate Personnel Per Assisted Project

## Expatriate Personnel 1979 - 2003

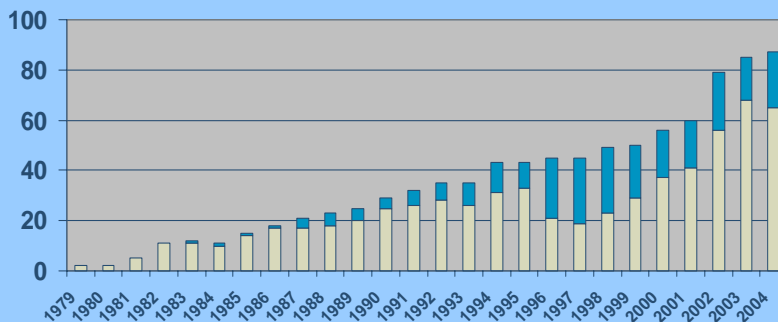


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# Increasing Number of Assisted Centres

Legend: completed operational assistance (blue), ongoing operational assistance (yellow)



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## Conclusion

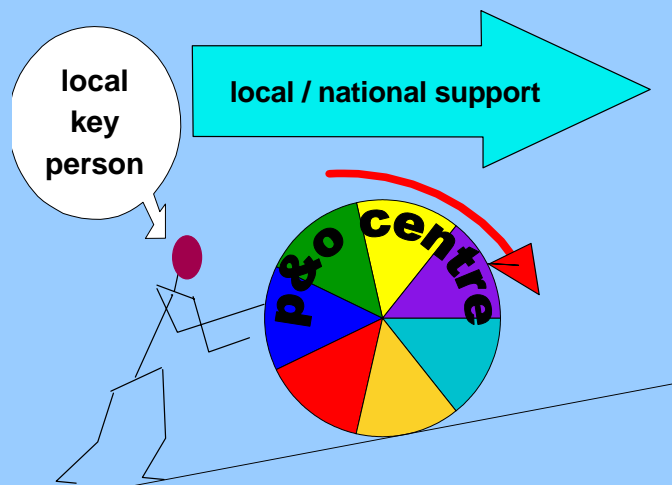
- ▶ Rising number of beneficiaries
- ▶ Rising number of assisted centres
- ▶ Professionalisation of approach
  - ▶▶ Training
  - ▶▶ Technology
  - ▶▶ Guidelines
- ▶ Few centre's completely independent



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## Sustainability



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## Recommendations

- ▶ Host countries: higher priority to continuation of physical rehabilitation services.
- ▶ Abrupt termination of assistance program to be avoided.
- ▶ Donor countries and humanitarian organizations: continued (follow-up) assistance needed.



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## Support for Life DVDROM

(2003 Annual Report Physical Rehabilitation Programs: [www.icrc.org](http://www.icrc.org))



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